Week 1 Individual Session: Going Global

Session Goals
❖ Discuss globalization issues
❖ Learn about mergers, acquisitions and taxation

Pre-Session Instructions for Learner
❖ Watch [this video](#) about globalization and write down any words or phrases you don’t understand. Be ready to talk about globalization and its impact on your life.

Pre-Session Instructions for Volunteer
❖ Watch [this video](#) about globalization and write down any words or phrases you don’t understand. Be ready to talk about globalization and its impact on your life.
❖ Be ready to share your screen with sound on for [this video](#) and [this video](#).

During the Session:
❖ [5 min] Check in with your speaking buddy and ask about their week. Introduce this new unit and explain that you will be talking about globalization issues in today’s session.
   ➢ Ask your buddy to think of some of the things they own (like devices, clothes, a car). Were they imported? Where were they made?
   ➢ Name some global companies. What kind of work do they do?

❖ [5 min] Here are 4 words and phrases that relate to this week’s activities. Go through them with your buddy and challenge them to use each word/phrase at least once in the session!
   ➢ **Prosperity** (noun) = the state of being successful and having a lot of money
     ● A country’s future prosperity partly depends on the quality of education of its people.
   ➢ **Joint venture** (noun) = a business or business activity that two or more people or companies work on together
     ● Building this hotel is a huge project, so we’re doing it as a joint venture with a partner.
   ➢ **Recession** (noun) = a period when the economy of a country is not successful and conditions for business are bad
     ● After Europe and the US sanctioned it, Russia is sliding into the depths of a recession.
   ➢ **To merge** (verb) = to combine or join together
     ○ The CEOs decided to merge the two companies into one.
[15 min] Review the content of this video from prework. Ask your buddy if they have any questions about the words/phrases in the video and clarify as needed. Talk about globalization. Here are some questions to discuss:

- What is globalization? Can you feel the effects of globalization in your everyday life? Provide the examples
- What has led to increased globalization?
- What are some positive effects of globalization?
- What are some negative effects of globalization?
- What will globalization look like fifty years from now?
- Do you think globalization will make people from different countries more equal in the future?

[10 min] Screen share and watch this video on the importance of free trade agreements. Discuss the following questions:

- To what extent do you have free trade in your country?
- Is free trade always a good thing? Why or why not?
- Should certain industries be protected in your country?
- Which goods does your country import and export?
- What do you think are the typical problems the exports face when selling things abroad?
- Does your country have a good trade relationship with the rest of the world?

[15 min] Talk about merging and acquisition of companies. Screen share and watch this video about the potential acquisition of Twitter. Here are some questions to discuss:

- Is Twitter going to benefit from this acquisition? In which way?
- In general, is it a good thing when large companies acquire smaller ones?
- Would you be happy if the company you work for was acquired by a larger one?
- What are the advantages of working for a bigger company?
- Why do companies sometimes choose to merge? What are the advantages of doing so?
- What can go wrong when two companies merge?
- Can you think of a famous example of two companies which merged?
- How would you feel if your company merged with a rival?

[10 min] Talk about taxation policies and decisions in your countries. Here are some questions:

- Are taxes high in your country?
- Do you think paying tax is a good or bad thing?
- Do you know what taxes are spent on in your country?
- How do the tax rates in your country compare with those in neighboring countries?
- Is everything taxed in your country?
➢ What changes would you like to see in your country’s tax system?
➢ Is tax evasion a big problem in your country?
Week 2 Individual Session: Money and Finance

Session Goals

❖ Talk about money issues
❖ Discuss cryptocurrency and consumerism

Pre-Session Instructions for Learner

❖ Be ready to talk about money issues
❖ Review the content of this video and be ready to discuss consumerism
❖ Review these idioms, try to remember as many as you can

Pre-Session Instructions for Volunteer

❖ Be ready to share your screen with this document, this web page, this article, this web page, this video, this video and this website.

During the Session:

❖ [5 min] Share this document with your learner, look at the picture and answer the questions. Say that in today’s session you are going to talk about money and Finance.

❖ [5 min] Here are idioms that relate to this week's activities. Go through them with your buddy and challenge them to use some words/phrases during the session.

❖ [15 min] Talk about the importance of money. Firstly ask your buddy “Do you think it’s possible to live without money?” and share your thoughts.
  ➢ Then screen share the article and scan it with your learner.
  ➢ Have a discussion. Here are some questions to get the conversation going:
    ● How important is money for you?
    ● How attractive are people with lots of money?
    ● Would our world be a better place without money?
    ● How would the world be different if all the money was shared equally among all people?
    ● Do you prefer paying in cash or with a card? Or do you pay another way?
    ● Is it important to give money to charity in your opinion?
    ● What would you do if you found 1000 euros or dollars in the street?
    ● Do you think your government spends too much money on social security?
❖ [10 min] It’s time to have some fun! Screen share and go to this web page, choose Intermediate level.
  ➢ Listen to the song “Money, money” by Abba. Listen to it with your buddy and complete the gaps in the lyrics.

❖ [15 min] Screen share and review this video about consumerism in the USA from more work. Reflect on consumerism around the world by discussing the following questions:
  ➢ What is consumerism?
  ➢ What is the last thing you bought online?
  ➢ What are the benefits of mass consumerism?
  ➢ What do you spend your money on? Why?
  ➢ How do brands, products, advertising and marketing change our shopping habits? How has this changed over the last 75 years?
  ➢ Is the economy based on shopping or consumerism?
  ➢ How have people’s behaviors changed as a result of consumerism?
  ➢ Is it possible to be ‘green’ or conscious of the environment while being a consumer?

❖ [15 min] You and your buddy are going to talk about cryptocurrency.
  ➢ Before watching the video, ask your buddy and share what you both know about cryptocurrencies.
  ➢ Then screen share and watch the video.
  ➢ After watching discuss the following questions:
    ● Beyond a method for payment, what are other functions of cryptocurrencies?
    ● How are cryptocurrency transactions done?
    ● What can you buy with cryptocurrency, and how?
    ● How safe is cryptocurrency?
    ● Are blockchain and cryptocurrencies the same?
    ● What is global companies’ general attitude to cryptocurrency?
    ● Do you have experience with bitcoins? If not, would you like to buy cryptocurrency?

❖ [10 min] Screen share and go to this website and find out whether you are a Saver or a Spender. Then answer the following questions:
  ➢ Are you satisfied with the results of the quiz?
  ➢ What can you do to spend less?
Week 3 Individual Session: Everyone Has Rights

Session Goals
❖ Discuss human rights
❖ Learn about gender equality and famine

Pre-Session Instructions for Learner
❖ Watch this video about human rights, be ready to discuss it
❖ Review the article about famine and be ready to discuss it

Pre-Session Instructions for Volunteer
❖ Be ready to share your screen with this video, this video and this article.

During the Session:
❖ [5 min] Check in with your speaking buddy and ask about their week. Introduce this new unit and explain that you will be talking about human rights in today’s session.

❖ [5 min] Here are 4 words and phrases that relate to this week’s activities. Go through them with your buddy and challenge them to use each word/phrase at least once in the session!
  ➢ Famine (noun) = a situation in which there is not enough food for a great number of people, causing illness and death, or a particular period when this happens
    ● Another crop failure could result in widespread famine.
  ➢ Chivalry (noun) = very polite, honest, and kind behavior, especially by men towards women
    ● History has shown that men are less inclined to show chivalry in such circumstances.
  ➢ To sacrifice (verb) = to give up something that is valuable to you in order to help another person
    ● Many women sacrifice interesting careers for their families.
  ● To empower (verb) = to give someone official authority or the freedom to do something
    ● The first step in empowering the poorest sections of society is making sure they vote.
[10 min] Review the content of this video about the essence of human rights from prework. Ask your buddy if they have any questions about the words/phrases in the video and clarify as needed. Here are some questions to discuss:

➢ What are human rights?
➢ Do you feel you have access to all of your human rights?
➢ Do you ever feel your human rights are being violated? Provide examples
➢ Which countries do you think have the worst human rights records and why do you think this is so?
➢ Do you think all people in the world are equal and everyone deserves the same rights?
➢ Which people in your country have ‘more equal rights’ than others?

[15 min] Review the content of this video about gender equality explained by children. After watching, have a discussion. Here are some questions to get the conversation going:

➢ What does gender equality mean to you?
➢ Why is it important for young people?
➢ How can you promote gender equality in your community?
➢ What do you think is the difference between gender equality and women’s empowerment?
➢ In your country are the responsibilities of a mother the same as the responsibilities of a father to their families?
➢ What are the responsibilities of a father/mother in a family?
➢ What behaviors are deemed appropriate for men but inappropriate for women?
➢ Is it OK for men to cry?
➢ Are there more male or female managers and executives? Why do you think this is?

[10 min] What would you do? Read the cases and discuss how you would react:

➢ What would you do if the people with political power in your area attacked your school/university and said you (whether you are a boy or a girl) weren’t allowed to go any more?
➢ If someone threatened you for sharing your opinion, would you stop or would you carry on anyway?
➢ If you were physically attacked for sharing your opinions and survived, would you stop after that?
➢ What would you do if you were a girl and were paid less than men doing the same job?

[10 min] Review the content of this article from pre-work. Discuss the issue of famine:

➢ What springs to mind when you hear the word “famine”?
➢ What is responsible for famine around the world?
➢ Why is there famine today when the world is so rich?
➢ What does your country do to help famine victims?
➢ Do you believe that famine will ever be eradicated in your lifetime?
➢ Should the United Nations take more of an active role in stopping famine?
➢ Throughout history, different areas of the globe have been affected by famine. Are you familiar with any such events? If so, share what you know
Week 4 Individual Session: The Great Migration

Session Goals
❖ Discuss immigration issues
❖ Learn about refugees and social integration

Pre-Session Instructions for Learner
❖ Watch this video about the most difficult countries to immigrate to and be ready to discuss it.

Pre-Session Instructions for Volunteer
❖ Be ready to share with this document, this video and this article.

During the Session:
❖ [5 min] Check in with your speaking buddy and ask about their week. Explain that you will be talking about migration (the movement of people between countries) in today’s session.
   ➢ Screen share and show this document to your learner.
   ➢ Here you will see the word “Immigration”. Ask your learner to think of words and phrases associated with immigration starting with the given letters. Help your buddies to come up with the words, if needed.

❖ [5 min] Here are 4 words and phrases that relate to this week’s activities. Go through them with your buddy and challenge them to use each word/phrase at least once in the session!
   ➢ Asylum (noun) = protection or safety, especially that given by a government to people who have been forced to leave their own countries for their safety or because of war
     ● These days a lot of people are seeking asylum in the United States.
   ➢ Immigration quota = a system of limiting by nationality the number of immigrants who may enter a country each year.
     ● This year many countries have increased their immigration quotas for Ukrainians.
   ➢ Integration (noun) / to integrate (verb) = the action or process of successfully joining or mixing with a different group of people
     ● It is one thing for immigrants to arrive to their new home, and another for them to integrate into a new society.
To fit in = to behave in a way that is accepted

I know we have different customs, but we should be trying to fit in with our new neighbors.

[15 min] Review the content of this video about the most difficult countries to immigrate to from prework. Ask your buddy if they have any questions about the words/phrases in the video and clarify as needed. Here are some questions to discuss:

- Which fact from the video surprised you the most?
- How do countries decide whom to allow in? What factors do they consider?
- Do many people emigrate from your country? Where do most of them go?
- Why do people usually leave your country? What are they looking for?
- Have you considered emigrating? If you were to emigrate, where would you go? Why?
- Which country in the world is the safest to live in? How important is safety to you?
- Where in the world are there good economic opportunities? Where is it relatively easy to make money?
- Are there many immigrants in your country? Where do they come from?
- What kinds of jobs do immigrants typically do in your country?
- What challenges do you think an immigrant faces in a new country?
- Do you think immigrants should learn to speak the language of their new country? How well do they need to speak it?

[10 min] Talk about refugees. Here are some questions to discuss:

- Why do people become refugees?
- Who is eligible to claim refugee status?
- Does your country welcome refugees? Where are most of these refugees from?
- What rights do refugees have?
- What is the difference between an economic refugee and a political refugee?
- What are the pros and cons of welcoming refugees into a country?
- What support can governments or enterprises give besides welcoming refugees to stay in the country where they are seeking asylum? (e.g. medical support, food, clothing, housing, education for kids, option to work for adults)
- Would you support (financially or otherwise) organizations or charities that help refugees in your city? Why / why not?

[10 min] Talk about social integration. First screen share and review this article and then have a discussion using these questions:

- Which problems may people face when moving to another country?
- What are some of the tips for fitting in and settling mentioned in the article? Do you agree with all of them?
- How does social integration affect society?
- How can people fit in with a new society?
➢ Do you think that diaspora communities facilitate one’s integration into society or make it harder?
➢ Why is society important to humans? Is society important to you?

❖ [10 min] Imagine that you are responsible for integrating immigrants into your society. Devise a plan for a person to fit in with your society:
➢ Which background knowledge would you provide?
➢ Is it important to know your state language to fit in with the society?
➢ What are the important customs/ traditions a foreigner needs to be aware of?
➢ What are the norms of behaving in your society? Any stereotypes?
➢ Which events would you organize to help a newcomer integrate?
Week 5 Individual Session: Getting Hooked

Session Goals
❖ Discuss different addictions
❖ Learn about how addictions affect brain function

Pre-Session Instructions for Learner
❖ N/A

Pre-Session Instructions for Volunteer
❖ Be ready to share your screen with this video, this video and this web page.

During the Session:
❖ [5 min] Check in with your speaking buddy and ask about their week. Explain that you will be talking about addictions and obsessions in today’s session.
   ➢ What are some things that people are addicted to? Brainstorm together with your learner.

❖ [5 min] Here are 4 words and phrases that relate to this week’s activities. Go through them with your buddy and challenge them to use each word/phrase at least once in the session!
   ➢ Abnormality (noun) = something abnormal, usually in the body
     ● Many sophisticated tests are available for detecting genetic abnormalities.
   ➢ Gambling (noun) = the activity of betting money, for example in a game or on a horse race
     ● He had to borrow money to pay off millions of debts accumulated from gambling..
   ➢ Pervasive (adjective) = present or noticeable in every part of a thing or place
     ● Reforms are being undermined by the pervasive corruption in the country.
   ● Obsession (noun) = something or someone that you think about all the time
     ● He’s always wanted to find his birth mother but recently it’s become an obsession.

❖ [15 min] Let’s talk about different addictions. Discuss the following questions:
   ➢ Are you addicted to anything? Talk about it.
   ➢ Which addictions are dangerous? Which aren’t?
   ➢ Have you ever played cards (or any other game) for money? Talk about it.
   ➢ Is gambling popular in your country? Is it legal? What do people gamble on?
➢ Are you a workaholic? How many hours a week do you work? Do you take work home?
➢ Do you have a game console? (e.g. Playstation) How often do you play? Are you addicted to playing games?
➢ How often do you drink coffee? Could you live without it?
➢ Do you smoke? If not, why not? If so, could you stop if you wanted to?
➢ Are you a shopaholic? How often do you go shopping? Is it dangerous to be a shopaholic?

❖ [15 min] Let’s talk about how addiction affects the brain. Screen share and watch the video. After watching have a discussion using the questions below:
➢ How does addiction affect the brain?
➢ What is tolerance?
➢ What are the negative effects of not having the substance you are addicted to?
➢ Why are young people more likely to have addictions?
➢ How are children in your country taught about addiction?

❖ [15 min] Review the content of this video about addiction to smartphones. Have a discussion, use the questions below:
➢ Why do people become addicted to smartphones?
➢ How often do you check your smartphone?
➢ Can you say that you are addicted to your phone? Which platform do you use the most? How many hours do you spend using your phone on average per day?
➢ Could you imagine your life without a mobile phone?
➢ Do you check your phone first thing when you wake up?
➢ Do you sleep with your phone next to your bed?
➢ How do you feel if your phone is not with you all the time? Maybe in another room?

❖ [10 min] Share this web page and take a quiz with your buddy to see if you are addicted to anything. Share the outcomes and say if you agree with the results.